



## Eye and Face Protection Safety Checklist

### To prevent eye and face injuries:

- ☐ Identify potential hazards and select proper PPE before starting a job.
- ☐ Use eye protection with side shields to keep out flying objects.
- ☐ Use face shields plus goggles or glasses for serious hazards.
- ☐ Use goggles and face shields with proper filtered lenses to keep out harmful light or radiation.
- ☐ Never use metal-framed eyewear around live electricity.
- ☐ Use protective eyewear that uses your prescription or fits over prescription glasses.
- ☐ Avoid wearing contact lenses in areas with dust or chemicals.

### Select eye and face protectors that:

- ☐ Provide best protection against identified hazards.
- ☐ Are reasonably comfortable.
- ☐ Fit snugly enough to keep out hazards.

### Before using eye and face protectors:

- ☐ Inspect for damage such as knotted, twisted, worn, or stretched goggle straps; or pitted or scratched lenses or face-shield windows.
- ☐ Turn in and replace damaged PPE.
- ☐ Practice performing tasks while wearing PPE in a non-hazardous environment and make any needed adjustments or replacements.

### After removing eye and face protectors:

- ☐ Inspect for damage and clean lenses with water plus soap or mild detergent.
- ☐ Decontaminate if contaminated by chemicals or disinfect if other people may use.
- ☐ Store in proper place in closed containers.

### Follow work procedures that prevent eye and face injuries:

- ☐ Follow material safety data sheet (MSDS) precautions when working with chemicals.
- ☐ Don't open a container just to see what's inside.
- ☐ Keep shields around all potential flying objects.
- ☐ Try to contain as many processes as possible.
- ☐ Be sure other workers in area are protected before starting jobs that could create eye or face hazards.

### Get medical attention for eye and face injuries and know first aid:

- ☐ Chemical splash in eye: Go immediately to emergency eyewash and flush eye with water for at least 15 minutes. Get water under eyelids. Get immediate medical attention.
- ☐ Something in the eye: If it doesn't blink out, don't rub it. Keep eye closed and covered and get immediate medical attention.
- ☐ Blow to the eye: Go to a doctor.